

# כבד מוגדל ושומני....צריך בירור?

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**רופאי הילדים בקהל שהיו בפרזנטציות  
האחרונות שלי...מתבקשים להתאפק  
בסבלנות ולא לזרוק את התשובה.**

**תודה**

- ✚ 20 year old male presents with liver enlargement found incidentally following a motor vehicle accident.
- ✚ Patient informs that he was hospitalized at age 12 in the PICU for fulminant hepatitis A from which he recovered fully.
- ✚ No family history of liver disease.
- ✚ Distant relative who underwent a kidney transplant for unknown etiology.

# Physical Examination on arrival

- ♣ Well built, healthy appearing.
- ♣ Ht. 160cm Wt. 58.5 kg (BMI 22.8).
- ♣ No abdominal pain or jaundice.
- ♣ Liver palpated 7cm below the costal margin, non-tender, firm consistency, no evidence of ascites.
- ♣ No addition relevant findings on examination.

## Initial Laboratory testing:

- AST 57
- ALT 78.8
- LDH 344
- ALKP 79
- GGT 78
- Albumin 5.4
- Triglycerides 170
- Cholesterol Tot 114
- HDL 35
- Hgb 14.3
- PLT 318
- WBC 7.23
- INR 0.94
- PTT 32 sec
- Fib 256

Similar values found on tests performed a year before

- Abdominal ultrasound - Enlarged, uniformly hyperechogenic liver. Compatible with Hepatosteatosi.



- ✚ HBV/HCV serology negative
- ✚ HAV - IgG positive
- ✚ EBV/CMV IgG – positive , IgM negative
- ✚ HIV –neg
- ✚ Alpha-1-AT levels normal
- ✚ Copper / Ceruloplasmin – normal
- ✚ Anti-Smooth Muscle/ANA/anti-LKM – negative
- ✚ Sweat Test – normal
- ✚ Fasting Insulin and glucose - normal





## ✚ Review of Pediatric records showed:

- ✓ As an infant (age 2 weeks) patient had an enlarged liver.
- ✓ Fasting Hypertriglyceridemia up to 520mg/dl noted during the first two years of life which subsequently resolved.
- ✓ Parents screened – normal liver function, normal lipids, normal ultrasound. Siblings healthy
- ✓ Glycogen Storage disease type III and VI ruled out



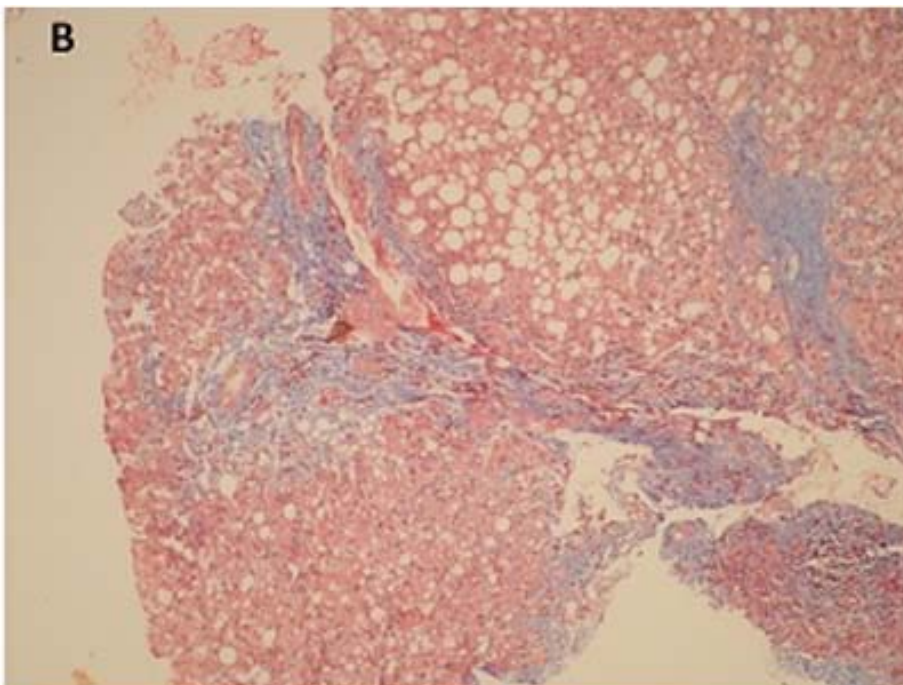
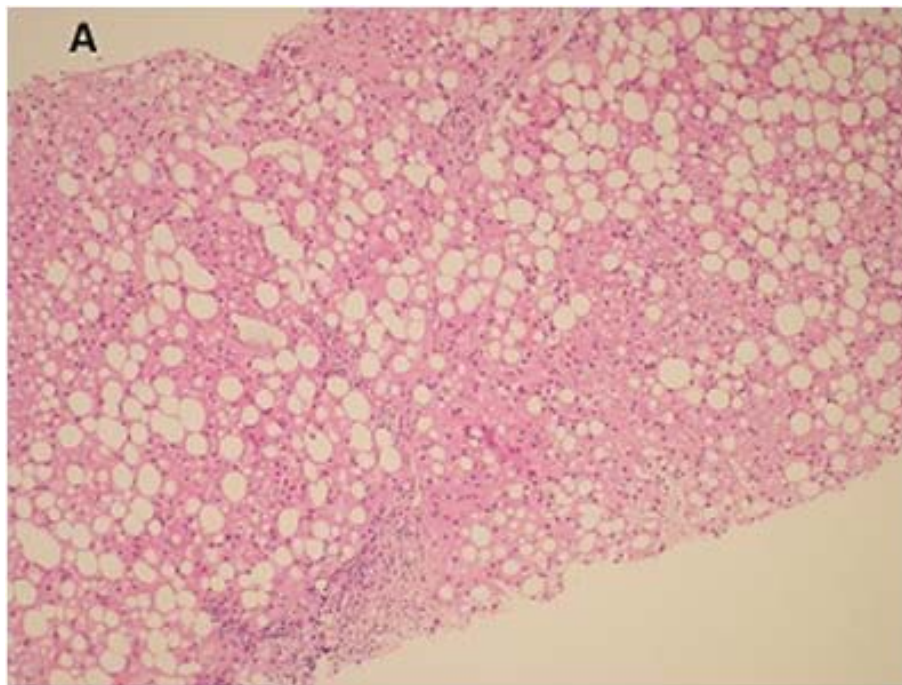
## Two Years Later....

- ✚ A 6 month old female is seen for liver enlargement and elevated hepatocellular enzymes X2-3.
- ✚ Fasting Triglyceride levels – 1208mg/dl.
- ✚ Normal cholesterol.
- ✚ Normal synthetic function.
- ✚ She has an uncle...(you guessed correctly) who has an enlarged liver.

## Negative work-up

- Similar work-up – negative
- Apolipoproteins
- Thyroid function
- Ferritin
- Alpha-fetoprotein
- Immunoglobulins
- Urinary organic acids – initially some dicarboxylic aciduria which resolved over time.
- Amino acids
- Lactate/Pyruvate
- Ammonia
- VLCFA
- Free fatty acids
- Acyl-carnitine profile

# Biopsy at age 4





⚙️ Genetic causes of primary hypertriglyceridemia identified in <5%.

## ⚙️ Primary

- ✓ With fasting chylomicronemia
  - Total LPL Deficiency
  - ApoC II Deficiency
- ✓ Without fasting chylomicronemia
  - Partial LPL Deficiency
  - Dysbetalipoproteinemia type III (remnant removal disease)
  - Collagen 18 Deficiency

## Secondary

- ✓ Obesity
- ✓ Metabolic Syndrome
- ✓ Diabetes Mellitus
- ✓ Alcohol Consumption
- ✓ Renal Disease
- ✓ Medications



# Hepatic Steatosis

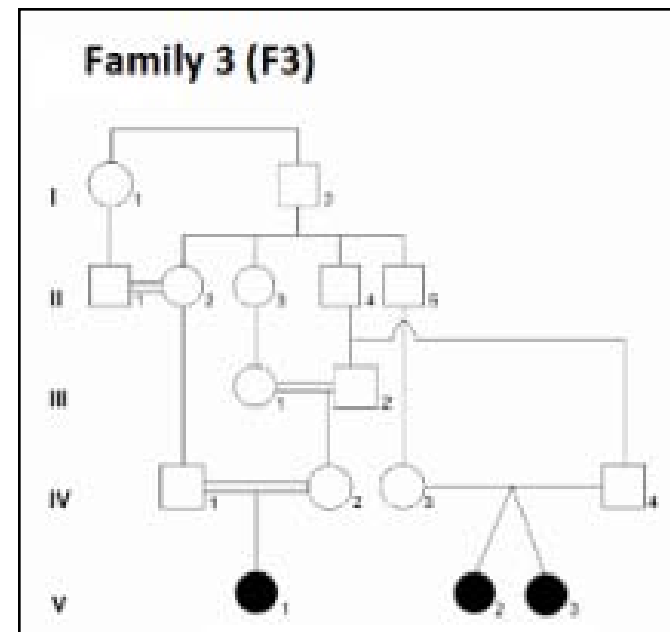
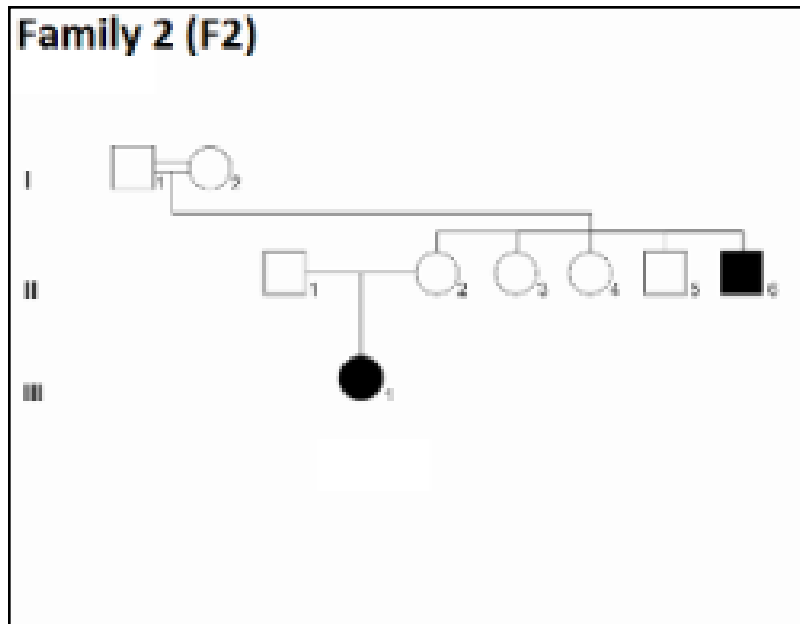
- Infectious – Hepatitis C
- Genetic/Metabolic – Wilson's disease, Galactosemia, Cystic Fibrosis
- Drug Induced – Valproic Acid, Amiodorone
- Nutritional – Obesity, Malnutrition, TPN
- Alcohol Abuse
- Multifactorial – **Metabolic Syndrome**
- Other

- ✚ Most conditions are readily diagnosed by adulthood.
- ✚ ~30% of patients with NAFLD are non-obese and DO NOT have evidence of metabolic syndrome or insulin resistance.
- ✚ The molecular mechanisms of NAFLD/NASH are poorly understood.

# Glycerol-3-Phosphate Dehydrogenase 1 (GPD1) Deficiency

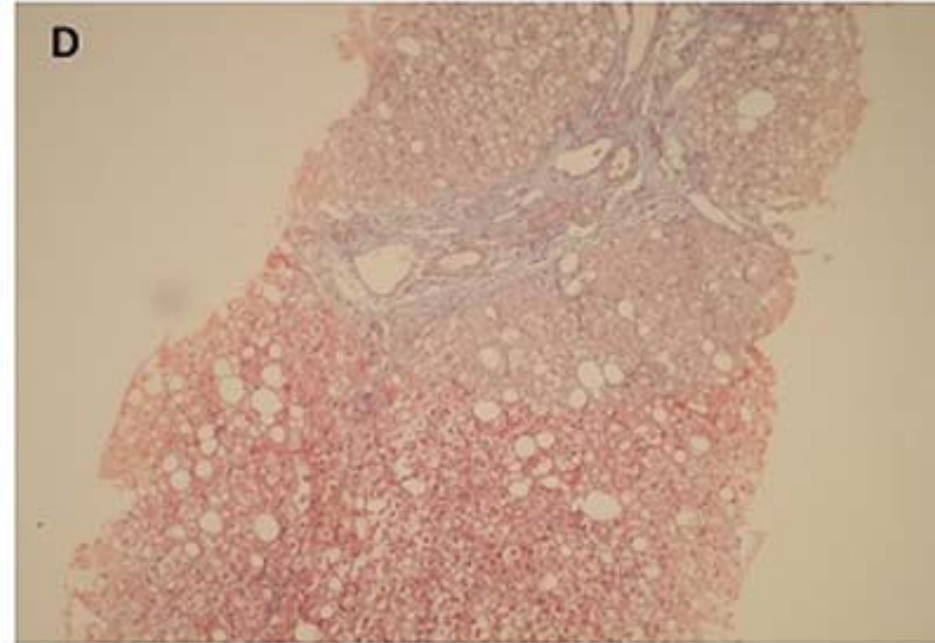
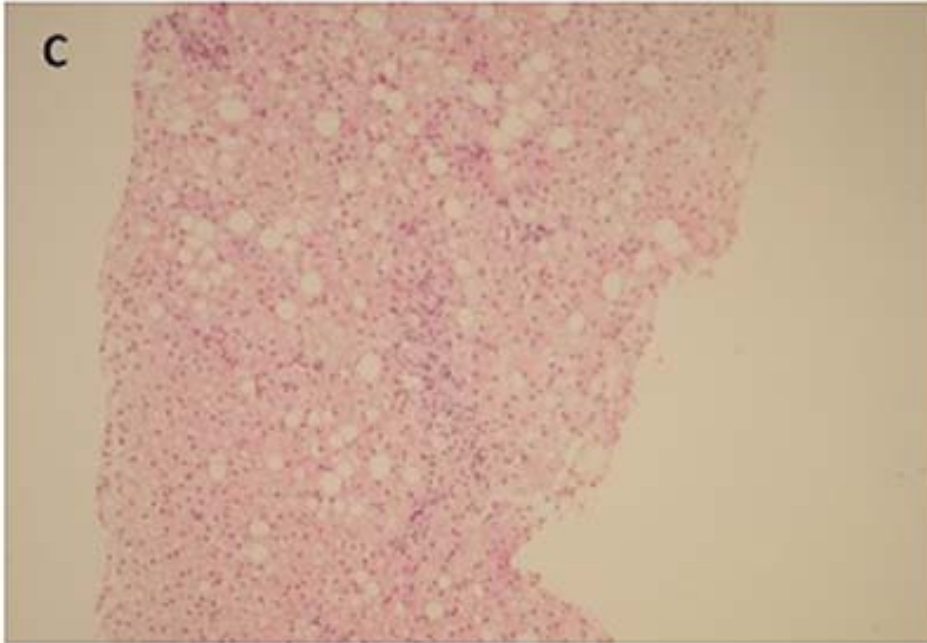
# Identification of Patients

- ❖ 10 Patients from 4 families originating from a single village with a high degree of consanguinity.
- ❖ All presented between 1-9 months.
- ❖ Index case presented in 1989

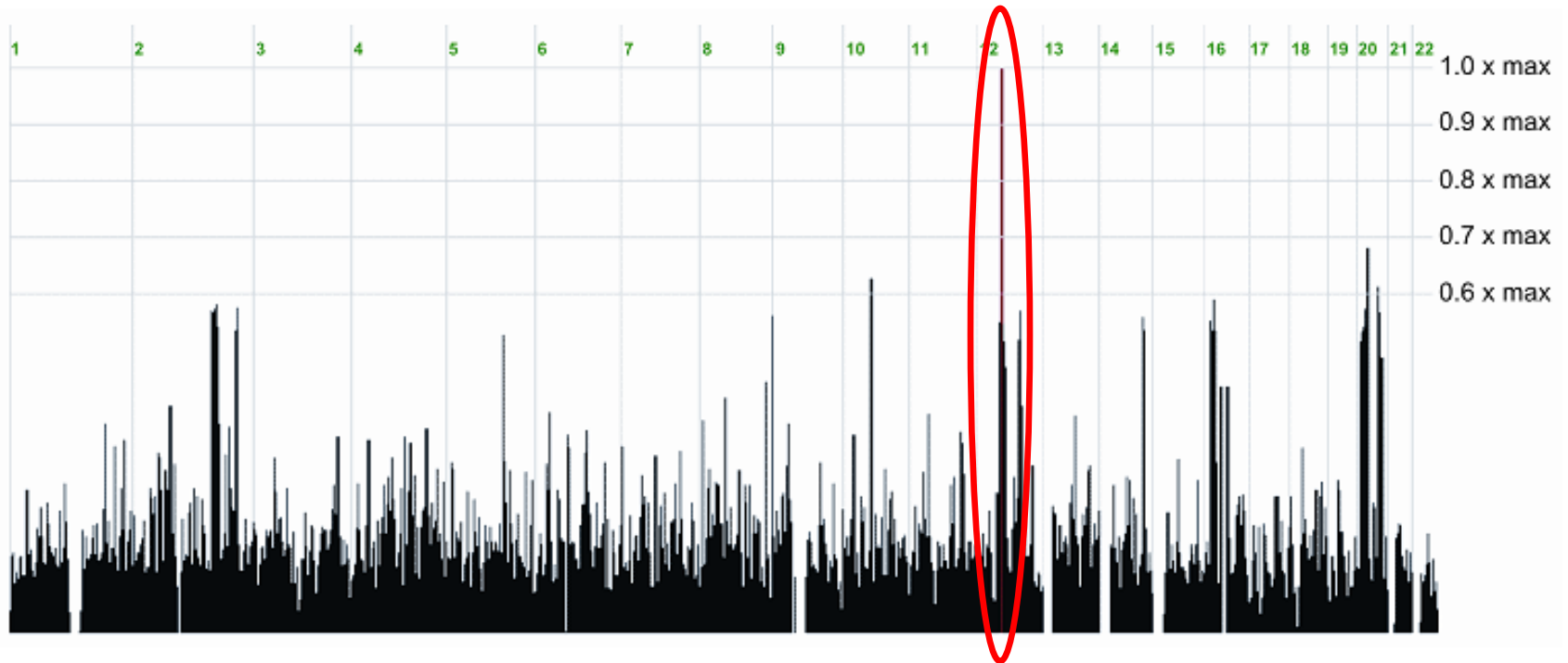


- ✚ Fasting Hypertriglyceridemia 10/10 258-6244mg/dl (2.9-70mmol/l)
- ✚ Moderate to Severe Hepatomegally 10/10
- ✚ Elevated Transaminases 10/10 ALT 51-230 U/l
- ✚ Asymptomatic 6/10
- ✚ Vomiting 3/10
- ✚ Splenomegally 3/10
- ✚ FTT 1/10
- ✚ Elevated Cholesterol 1/10 (420mg/dl)

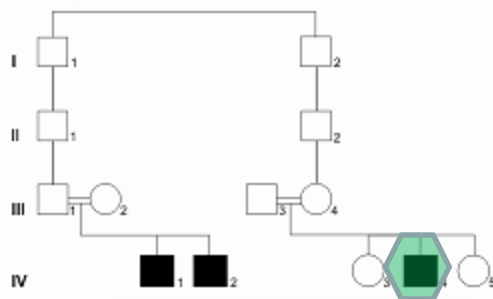
# Biopsies



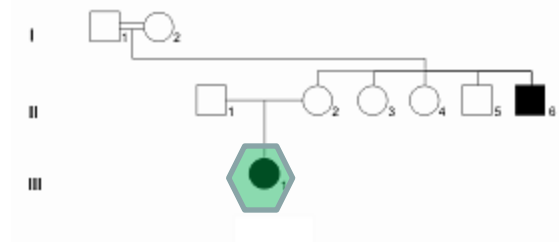
# Homozygosity Mapping



Family 1 (F1)

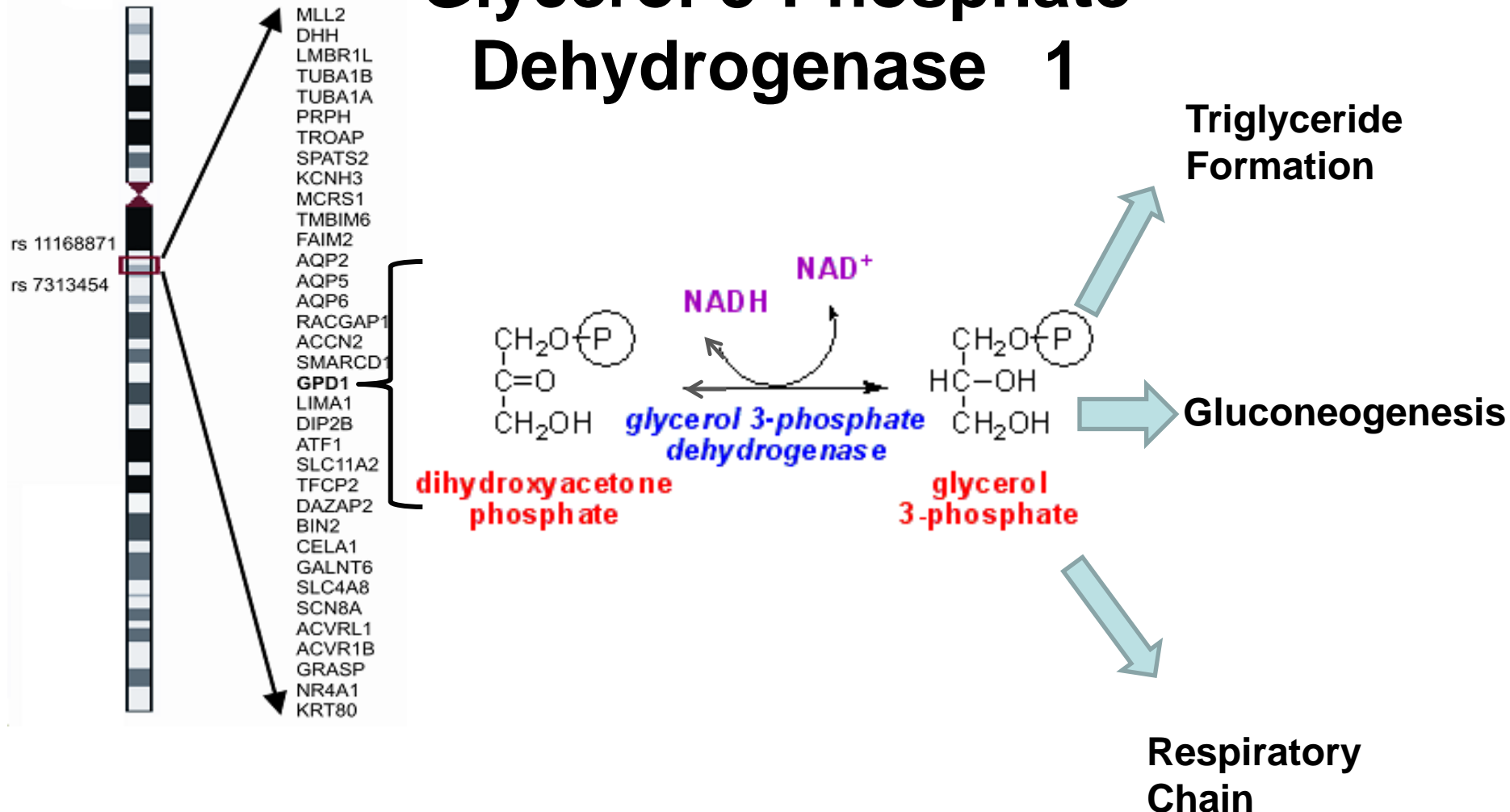


Family 2 (F2)



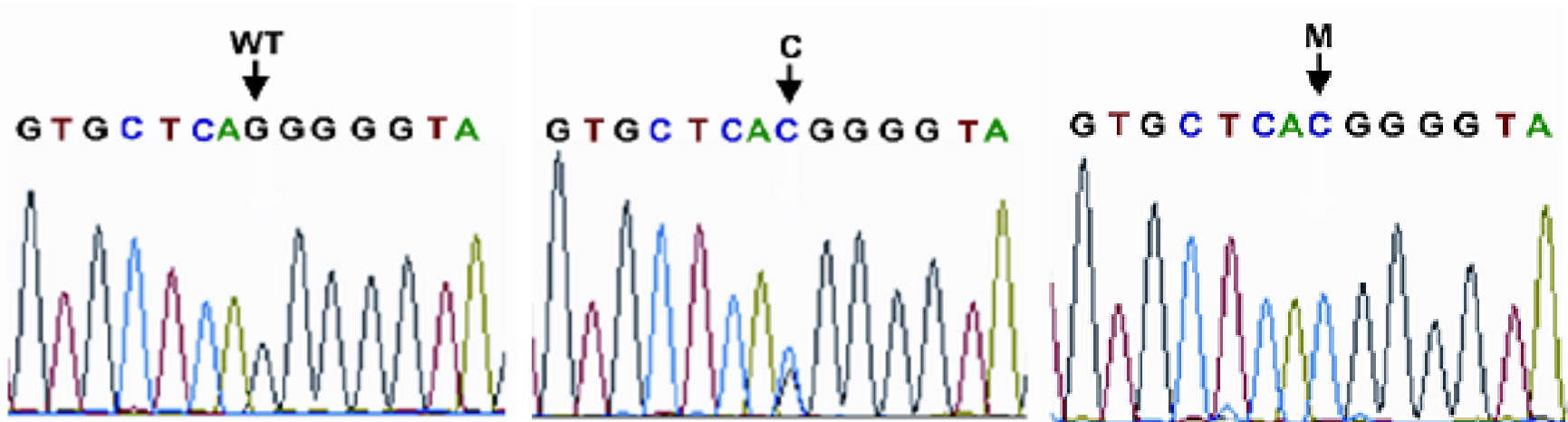
# Candidate Gene Selection

## Glycerol-3-Phosphate Dehydrogenase 1





# GPD1 Splice Site Mutation



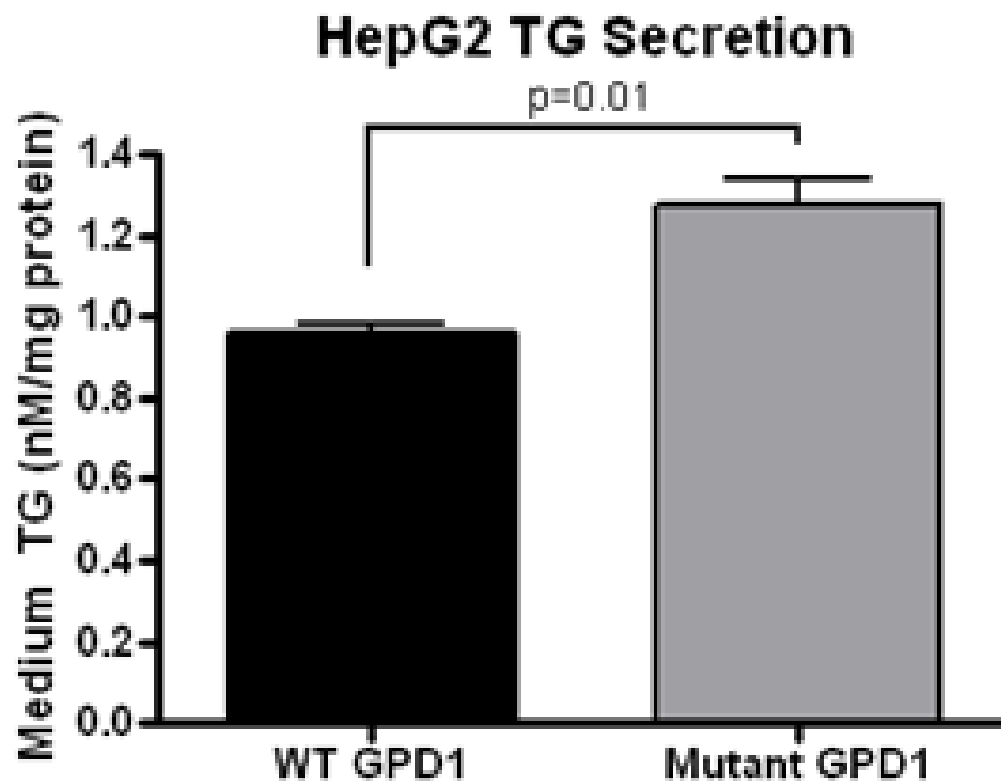
Normal



Mutant



# TG secretion



- ✚ We describe the first human disease associated with a mutation in glycerol-3-phosphate dehydrogenase 1.
- ✚ Clinical spectrum involves:
  - ✓ Transient infantile hypertriglyceridemia, hepatomegally, and elevated liver enzymes followed later in life with hepatic fibrosis and cirrhosis.



# Thank you

# for your kind attention

